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| **Template of the Good Qualities Inventory Worksheet** | **4. Future action** | I will…  pray and ask for help, or pray and thank God |  |  |  |  |  |  |  |  |  |  |  |
| **3. Quality of the motive** | What was my moral standard in this motive?  Right or Wrong |  |  |  |  |  |  |  |  |  |  |  |
| **2. Motive** | What is my reason?  I am…, because… |  |  |  |  |  |  |  |  |  |  |  |
| **1. The good quality** | What are my good qualities?  I am… |  |  |  |  |  |  |  |  |  |  |  |
|  | | 1. | 2. | 3. | 4. | 5. | 6. | 7. | 8. | 9. | 10. | 11. |